

BE IN THE **KNOW** NJ

7 Easy Ways to Use

www.beintheknownj.org

New Jersey's Interactive Website Addressing
Maternal and Child Health Issues and
Other Public Health Concerns

Sponsored by the



7 Easy Ways To Use This Site

1. Subscribe to this site.

Are you much too busy to visit websites on a regular basis to find out what's new and going on? The best way for you to know that some new information has been posted on www.beintheknownj.org is to let us tell you by subscribing to the site. Once you complete the simple subscription process, you will receive an email telling you when a new post has been put up. This will save you time and effort and will remind you when it's time to visit www.beintheknownj.org

Look to the sidebar on the right and you will see the subscription box. Then, type in your email address and click on **SUBSCRIBE**



BE NOTIFIED OF NEW POSTS

 Subscribe in a reader Or
by E-mail

Enter your email address:

Delivered by FeedBurner

After hitting subscribe you will get another box where you can type in a verification code. This is done to insure that you are a human being and not a machine. A confirmatory message will be sent directly to your email from a subscription program called Feedburner. If you have difficulties subscribing, please send an email message to support@beintheknownj.org

Email Subscription Request

Thank you for your request.

myemailaddress

...will receive a verification message once you submit this form. FeedBurner activates your subscription to "Be In The Know NJ" once you respond to this verification message.

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To help prevent spam, please type the text you see in the box above:



Complete Subscription Request

After you enter the code, you will get a confirmation email in your mailbox. You are now subscribed and can unsubscribe whenever you want.

2. Scan the entire post.

Beintheknownj.org provides information on a broad selection of maternal and child health and public health issues. We hope that you will find much of this information to be of interest, but, knowing you are busy, here are some tips to help you navigate through the site a little more efficiently.

Each entry after the title is called a "post". Some of the posts are long and some are short. Scanning the sub-headings will help you to determine if the post is of value to you and save you lots of time. You'll see that some words or phrases in each post are typed in pink. These will usually be a link that will take you to another site, pdf form, word document or PowerPoint slide show.

3. Make a comment.

We want to hear from you. Your opinions, additional information and insights are valuable to us. You can make a comment by going to the end

of the post and clicking on the word Comments. Once you do this, a small box will open up to give you an opportunity to key in your name, email address and website.

The name and email are required because this is the only way the site management team can contact you for any needed clarification and also to say thanks for taking the time to make a comment.

We do not share your personal information with anyone except those on the blogging team who review the comments for approval.

Placing your website URL in the comment field is optional. If you have one and want us to contact you in that manner, please put it in that field. It will provide a link back to your site in the search engines.

23.05.2008 09:00

▶ **Latest News on Environmental Health**
deborah IN THE NEWS EDIT

The May/June 2008 issue of the Alliance for Health Homes newsletter is now available. You can get the latest update on environmental issues by clicking here on [Alliance Alert](#).

NO COMMENTS YET 

Please note that if no one has made a comment the phrase, *no comments yet* will appear. Just click on that phrase and a new box will appear that will allow you to be the first person to make a comment.

4. Search the archives for old posts.

Each page has posts that appear in reverse chronological order. This means that the most recently written posts will appear first and will then be followed by older posts. This site shows a maximum of 10 posts. When 10 posts are reached, all older posts are stored in the archives. You can retrieve any post that has been moved to the archives by clicking on the

month or on a category listing.

5. Look at the categories for old posts.

Every article we post is sorted into at least one category. Beintheknownj.org has sixteen or more categories. When you scroll down the sidebar, you will find the listing of categories. When you click on a particular category, a listing of the posts that relate to that area or issue will appear.

6. Submit upcoming events for posting to this site.

There is a section on the site that showcases upcoming events. You can contact us about including information about your event in this section by sending an email to support@beintheknownj.org

7. Take action on the valuable information on this site.

Share our website address with others and encourage them to visit and subscribe TODAY!